



LET'S
WALK TO
SCHOOL

WOW

the WALK
TO SCHOOL
challenge

Summer Holiday Challenge!

Over the summer holidays see how many of these walking activities you can tick off. Achieve 6 or more to receive a certificate from your teacher after the summer break. When we refer to walking, we also include wheeling.

Walk like a creature from another planet.

☐

Walk the rainbow and find different colours.

☐

Go on an active adventure with a grown up.

☐

Walk with a friend and have a picnic.

☐

Go on a sensory walk and use your sense of hearing, touch and smell.

☐

Plan and try a new walking route to school to start in September.

☐

Go on a walk and think of some things that make you happy.

☐

Choose an amount of steps to walk in a day and walk those steps.

☐

See how far you can walk/scoot/bike in 20 minutes.

☐

Name: _____

Age: _____



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